

Sports & Entertainment

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YMCA of Memphis & the Mid-South partners with St. Jude Children’s Research Hospital for 105-Mile Fitness Challenge

MEMPHIS, TENNESSEE — 2/16/26 — The YMCA of Memphis & the Mid-South announces an exciting new partnership with St. Jude Children’s Research Hospital, launching a six-week fitness and fundraising challenge designed to support lifesaving research and treatment for children battling cancer and other serious illnesses.

The 105-Mile Challenge, representing the distance from the Fogelman Downtown YMCA, around all Memphis-area YMCA locations, and back to the St. Jude campus, invites YMCA members to collectively move 105 miles over six weeks and fundraise their way to \$105 raised for St. Jude Children’s Research Hospital.

Participants can walk, run, bike, swim, or use group exercise classes to log miles while raising critical funds for St. Jude—where families never receive a bill for treatment, travel, housing, or food.

“This partnership reflects the heart of the YMCA’s mission;

strengthening community through health, wellness, and social responsibility,” said Brian McLaughlin, President & CEO of YMCA of Memphis & the Mid-South. “By joining forces with St. Jude, we are turning healthy habits into hope for families who need it most.”

Funds raised through the challenge will directly support St. Jude’s mission to advance cures and means of prevention for childhood cancer. Since its founding, St. Jude remains committed to ensuring no family ever pays for care.

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TN Titans finalize coaching staff under head coach Saleh

NASHVILLE, TENN. – The Tennessee Titans have finalized their assistant coaching staff under new head coach Robert Saleh.

In addition to Saleh, the coaching staff consists of 14 new additions and eight returning members.

Previously, the Titans named their three coordinators: Gus Bradley (defensive coordinator), Brian Daboll (offensive coordinator) and John Fassel (special teams coordinator). Fassel adds the title of assistant head coach.

The 2026 Titans coaching staff
Robert Saleh – Head Coach
Saleh enters his 22nd season coaching in the NFL. His previous experience includes six

seasons with the Houston Texans (2005-10), three with the Seattle Seahawks (2011-13), three with the Jacksonville Jaguars (2014-16), five total seasons over two stints with the San Francisco 49ers (2017-20, 2025), and four campaigns as the head coach of the New York Jets (2021-24). During his time in the NFL, he has been a part of nine top-10 defenses, and in his nine seasons as a defensive coordinator or head coach, his team has finished in the top five in total defense on five occasions. As the defensive coordinator with the 49ers in 2025, Saleh helped the 49ers finish 12-5 during the regular sea-

son and progress to the Divisional Round of the playoffs. His coaching career began in the collegiate ranks at Michigan State University (2002-03), Central Michigan University (2004) and with a brief stint at the University of Georgia (2005). A native of Dearborn, Mich., Saleh attended Northern Michigan University, where he was a four-year starter at tight end.

Gus Bradley – Defensive Coordinator

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- STOP

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Bassmaster Introduces Fan Cam ...
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Meet some of BIHMST Sports Correspondents



William M. Larsha, Jr.



Ashley Braun Gendek

BIHMST Travelers, join correspondents William M. Larsha, Jr. and Ashley Braun Gendek in their sports coverage of The University of Memphis Tigers, Memphis Grizzlies, TN Titans, Southern Heritage Classic, and more!

For UAB (Feb. 22) Tickets and Info link to <https://gotigersgo.venue.net/event/B25/BK14>

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